

REGULATION

0 Version Control

The following is based off of the 17.03.2026 version of the Italian regulation document.

1 Organisation and Concept

The "Circolo degli Ufficiali Bellinzona" organises an international military-sports competition called Military Cross Bellinzona. It consists of a biathlon relay race characterised by 4 legs (3 runners and 1 biker) and with tests to be completed at the end of the first and fourth legs respectively, according to point 4. Each team of four competitors must carry the baton they receive at the start to the finish line. In the individual category (category D) the competitors complete the entire route without intermediate tests.

2 Categories

2.1 Classification

Women and men may participate in the race in the following categories:

A	Military units and troop corps Recruit and cadre schools, Military security formations, Military and paramilitary companies.
B	Sports clubs and groups.
C	Police corps, Border guards, fire brigades, civil defence formations.
D	Individual male/female, no intermediate tests.

E | Female teams.

2.2 Mixed Teams

Mixed teams are classified in categories A, B or C depending on the function of their runners.

2.3 Minimum Age

The minimum age for individual runners (category D) is 16 years. For teams the limit is 14. In both cases, the written consent of the legal representative is required.

3 Route and Arrangements for Individual Sections

The start will be given in groups of competitors with time intervals between each group, as decided by the race management. The starting order per category is defined by the race management. Competitors who do not report to the start at the appointed time may only start after the last group. Competitors are responsible for their own safety and must pay due attention to people or objects on the course. Competitors must follow the route signposted by the organisers. Competitors are responsible for reaching their respective relay change stations independently.

At the end of their leg, each athlete must hand in their baton.

3.1 Leg I - Piazza del Sole - Ponte della Torrette, Runner

The team runner receives the baton at the start. The individual category receives no baton. Before the changeover, with the exception of the individual category, he must perform a hand grenade throwing test according to point 4.

3.2 Section II - Torretta Bridge, Biker

Competitors in the second section use their own bike and are obliged to wear a protective helmet (checked by the competition management).

The route is in principle closed to car traffic; however, competitors are obliged to pay due attention to pedestrians, cyclists and any vehicles on the roadway. Please be very careful on the footbridges crossing the river and follow the signs carefully. Overtaking other competitors is prohibited on the above-mentioned footbridges.

3.2.1 Bicycle

Bicycles sufficiently suitable for the mainly off-road route (e.g., mountain bikes, gravel bikes) are permitted. Bicycles equipped with any kind of propulsion system (e.g., E-bike, E-MTB) are excluded. Bicycles not complying with the regulations will not be allowed in the transition zone.

Each competitor must ensure that his or her bicycle is in such a condition that it does not jeopardise safe riding and the safety of the other athletes.

3.3 Section III - Ponte della Torretta - Sasso Corbaro, Runner

The runner passes all three castles following the signposted route.

3.4 Section IV - Sasso Corbaro - Piazza del Sole, Runner

The runner must be especially careful when descending and crossing the road. Keep constantly on the pavement of the road to ensure safety. At the end of the route, a shooting test (see Section 4) will be held, with the exception of the individual category. On arrival, the baton must be handed back.

4 Special Trials

4.1 Leg I and II, Practice Rounds

Competitors in section I and section II may carry out a throwing test with a hand grenade (an orange mock-up) and a shooting weapon (a real one) respectively. The rehearsal material (including weapon) is prepared on site by the Organising Committee.

4.2 Witness and Penalties

The contestant must always hand over the witness to the post holder.

Throwing: you are only entitled to one attempt. If you hit the target, you retire the baton and continue with the competition; otherwise, you will have to run an additional (marked) circuit before retiring the baton and handing over to the next team member.

Shooting: You must hit all five available targets. Each mistake is penalised with a 15-second penalty.

4.3 Hits

Are considered hit:

- Throwing: all those that stop in the target or hit directly into the target.
- Shooting: automatic target down.

5 Uniform

5.1 During the Competition

Sportswear and sports shoes for all categories.

5.2 For the Award Ceremony

Category A, Swiss Army: Service Uniform (Tenue B).

Category A, Foreign teams: Free choice between Dress Uniform or Combat Uniform.

Category C: Service Dress Uniform.

Other categories: Uniform team apparel for all members.

6 Timing

6.1 General Time

The general time is calculated from start to finish. An electronic and automated chip timekeeping system will be used. The rank is determined according to the general time. The maximum time is set by the organising committee.

6.2 Time in Intermediate Events

The time spent in the special trials is considered race time.

6.3 Running Time

For teams and the individual category, the split time is taken at the passage from the change place and not at the handing over of the baton to the next runner.

7 Disqualification

The team will be disqualified in the following cases:

- failure to return the baton on arrival,
- other infringements of the regulations.

The penalties are decided by the jury, which ensures the application of these regulations and decides in the event of any disagreement regarding the application of these regulations. The jury's decision is final.

8 Complaints

Complaints must be submitted in writing within 30 minutes after the start of the award ceremony according to the event programme.

9 Provisions

The organising committee guarantees the provision of water and energy drinks at the start/finish line and at each changing station. The organising committee will offer refreshments after the prize-giving for competitors and accompanying persons who have announced themselves. The organising committee will organise lunch on the day of the race for volunteers and teams who request it for a fee.

10 Medical Service

An efficient communication network and the presence of doctors and qualified personnel is guaranteed along the entire route. Any accidents must in any case be reported to the race management before the end of the event. The announcement must indicate: surname, first name, address, date of birth of the injured person and a brief description of the incident.

11 Insurance Cover

Competitors who are active in the Swiss Armed Forces in a recruit school or cadre school are covered by military insurance. Those who do not fulfil this condition must make their own individual arrangements for the necessary insurance cover. Personal clothing and equipment are not included in the insurance cover.

12 Registration

The entry fee is set by the organising committee. The entry fee includes final refreshments, but not meals or overnight stays. Entries and their payment must be received by the organising committee in accordance with the deadlines.

13 Photo and Video Shooting

Photographs or videos will be taken during the event and are the property of Military Cross. The photographs or videos may be published on the website, social media or other printed products.

The participant agrees that they may be photographed or filmed and that the content may be published on the Military Cross website, social media or printed products. The photographs or videos may also be used for Military Cross advertising purposes or published in the media.

The participant has the right not to be published and must timely forward a request to the Military Cross Committee.

14 Privacy and Authorisation of Data Processing

The collection and processing of each athlete's data is carried out by the Military Cross Committee and the partner company specialised in timekeeping.

By registering for the race, the participant authorises the organisers to publish his name, surname, date of birth, start number, race time and rank achieved during the race. This authorisation is valid for publication both on the Internet and in the various media (social media, newspapers, television, teletext, as well as announcements made by the race speaker).

15 Special Arrangements

These regulations are written in German, French, Italian and English. The Italian will be considered the official source in the event of a dispute.